

Cecille Taylor, M.D.

Board Certified Ophthalmologist

1615 Creekside Drive, Suite 110. Folsom, CA 95630

(916)983-4550 fax (916)983-8569

Cataract Surgery Instructions

If you are taking Coumadin, Warfarin, Plavix, Aspirin, Ibuprofen (Advil, Motrin) or any other blood thinning medication you need to discontinue 5 days prior to surgery.

All male patients taking Flomax must stop taking for 10 days prior to surgery and may restart the day after surgery.

Starting 2 days before surgery, begin using the drops listed below, instill one drop of each medication in the surgery eye only. After inserting the first drop hold your eye lids closed and count to 60 then put in the next eye medication.

MEDICATION	Breakfast	Lunch	Dinner	Bedtime
Ilevro	X	n/a	n/a	n/a
Besivance	X	n/a	n/a	X

Your pharmacist may have given you Generic equivalents to one or all of your medications; if your drops do not match the ones listed on your instruction sheet please call us or your pharmacist to determine what was substituted.

- You can maintain regular activities prior to surgery.
- Please make arrangements for someone to drive you home on the day of surgery AND to your follow up appointment the next day.

****** DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY******

THE DAY OF SURGERY

1. Instill 1 drop of both **Besivance & Ilevro** into the operative eye first thing in the morning.
2. Take a bath or shower as usual, wash your face and shampoo your hair.
3. Please wear a shirt that buttons or zips all the way down in the front. We don't want you pulling a tight collard shirt over your head on the day of surgery.
4. Do not wear eye makeup, scented lotions, perfume, cologne or aftershave on the day of surgery.
5. Take only the medications you have been told to continue by your primary care doctor with a very small sip of water, not a full glass.

POST OPERATIVE INSTRUCTIONS

4 hours after you get home from surgery, Take your eye shield off and start the drops listed below. Shake each bottle and instill one drop of each medication in the surgery eye only. After inserting the first drop hold your eye lids closed and count to 60 then put in the second eye medication.

Make sure you are washing hands prior to putting in your drops

MEDICATION	4 hrs after you get home	Bedtime
Durezol	X	X
Besivance	X	X

The white part of your eye may be red, this is normal. It may take 3-4 weeks to go away.

*****DO NOT RUB YOUR SURGERY EYE*****

Starting the day after surgery, instill one drop of each medication into the surgery eye As listed below **FOR 1 WEEK**. Wait 60 seconds between each medication.

Medication	Breakfast	Lunch	Dinner	Bedtime
Ilevro	X	n/a	n/a	n/a
Durezol	X	n/a	n/a	X
Besivance	X	X	n/a	X

1. If you are having the second eye done for surgery, there are refills on your medications, all you need to do is call your pharmacy and request a refill.
2. It is okay to use preservative free artificial tears up to four times per day if your eye feels dry.

Starting the 2nd week after surgery; use the eye medication listed below “Durezol”
For 3 more WEEKS.

Medication	Breakfast	Lunch	Dinner	Bedtime
Durezol	X	n/a	n/a	n/a

Stop all post-op Medications by the fifth week after surgery, unless otherwise instructed.

After Surgery:

1. Your Vision is going to fluctuate over the next few weeks, this is normal.
2. Please wear your eye shield while sleeping or napping for seven days.
3. You can use Tylenol, aspirin or any similar medication as needed for discomfort.
4. You can resume your usual diet and medications.
5. For 7 days after surgery if you need to clean your eyes well, you can use a warm compress if needed just be sure not to rub or press hard on your eye.
6. No eye makeup for 7 days.
7. You can wear your regular glasses or sunglasses, Dr. Taylor will change your glasses prescription at your 1 month Post of exam.
8. You can resume your normal activities, except for heavy lifting, straining or bending over from the waist. Bend at the knees to pick something up from the floor.
9. Do not lift anything heavier than 10 pounds for 10 days.
10. You may shower or bathe as usual, just void getting water or soap in your eye. You may wash your hair, go to the beauty salon or barber.

****Listed below are some symptoms to be aware of****

NORMAL

Headache

Scratchy sensation

Irritation

Watery eye

Blood shot eye

Floater

Light sensitivity

Mattering

NOT NORMAL

Loss of vision

Severe pain

Progressive swelling

Increased irritation

Increased redness

Nausea

Vomiting

If you're experiencing any of the "**NOT NORMAL**" symptoms please **call our office**, if it is after hours or on the weekend our call center will answer and get in contact with Dr. Taylor or the Ophthalmologist on call.

Please call us if you have any questions concerning your eye condition or how to care for your eyes after Cataract surgery.

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